Supplementary Online Content


**eAppendix.** Sample text from state laws that exceeded USDA standards.

This supplementary material has been provided by the authors to give readers additional information about their work.
**eAppendix 1.** Sample text from state laws that exceeded USDA standards

**Example of language that encouraged exceeding the school year 2006-07 federal school meal guidelines (which were based on the 1995 Dietary Guidelines for Americans):**

Fruit and/or vegetables should be offered daily on all points of service. Fruits and vegetables should be fresh whenever possible.

Schools should focus on improving food quality in the school meal programs by *increasing the whole grain options, having one percent or less fat milk as the standard beverage, and increasing fruit and vegetables* [emphasis added] preferably using freshly grown, [state-] grown produce.

**Example of language that required exceeding the school year 2006-07 federal school meal guidelines:**

A school lunch shall be offered and priced as a unit and shall consist of the following:
1. Eight ounces of one percent fluid lowfat or fluid skim milk;
2. Two ounces of meat or the minimum serving size of a meat alternate;
3. A three-quarter cup serving of two or more vegetables or fruits, or both, of which at least one one-half cup serving a week shall be a fresh fruit or vegetable; and,
4. A twenty-five gram serving of bread or the minimum serving size of a bread alternate, provided there are eight such servings a week of bread or bread alternate, of which at least one serving a week shall be whole grain or at a minimum thirty percent whole grain.